

2016-2017 Health Care Committee

Health Care Committee

Policy: The TRTA Health Care Committee shall collaborate with state and national organizations concerned with retirees' health issues to develop and implement programs for the maintenance and improvement of retirees' physical, mental and emotional health. The committee shall collaborate with other standing and special committees as appropriate to further the mission of TRTA.

Suggested Activities

The TRTA State Health Care Committee Chairman:

1. Establish working contacts with persons, organizations, and agencies in the community that have information and expertise in the health field;
2. Attend and urge committee members to attend community forums, health fairs, or special training events relative to health care;
3. Serve as presenter to train district and local unit counterparts at the TRTA Convention;
4. Gather and disseminate resource materials to district health care committee chairmen to be used at the local unit level; and
5. Coordinate the TRTA "Project: Healthy Living" program and collect from each district the "Health Care Check: How Healthy is Your Local Unit?" report forms along with the district annual report form.

The TRTA District Health Care Committee Chairmen:

1. Send information received from the state health care committee chairman to the local unit health care committee chairmen in the district;
2. Gather health-related information of interest to retired school and higher education personnel and send it to the local unit health care committee chairmen;
3. Establish working contacts with persons, organizations, and agencies in the district that have information and expertise in the health care field;
4. Compile TRTA "Health Care Check: How Healthy is Your Local Unit?" report forms from each local unit, tally information and submit the district annual report form to the state health care committee representative by due date;
5. Serve as presenter of the health care training for local unit health care committee chairmen at the district spring leadership training conference; and
6. Attend the TRTA Convention health care leadership training session.

The TRTA Local Unit Health Care Committee Chairmen:

1. Relate information received from the state and district health care chairmen to the members;
2. Gather information of local interest to retired school and higher education personnel and notify the members;
3. Establish working contacts with persons, organizations, and agencies in the community that have information and expertise in the health care field;
4. Attend and urge members to attend community forums, health fairs, or special training events relative to health care;
5. Report at each meeting something of significant interest to the membership even if only a tidbit from the newspaper, radio or television; resource guide, or a reputable online source;
6. Plan at least one (1) Health Care Program for the local unit each year;
7. Encourage participation in the TRTA "Project: Healthy Living" program;

8. Become knowledgeable about community resources;
9. Complete the TRTA "Health Care Check: How Healthy is Your Local Unit?" report form for your unit. Submit the local unit annual report to your district health care committee chairman by due date; and
10. Attend the health care training session at the district spring leadership training conference and if possible attend the health care training session at the TRTA Convention.