

# Breakout Sessions Overview

## Session I • 9:30 – 10:30 AM

President

Second Vice-President/Public Relations

Historian

Local Unit Support

Informative and Protective Services

Local Unit Treasurer

Texas Retired Teachers Foundation

Teacher Retirement System of Texas (TRS) Information Session

Health and Human Services—Aging Service Coordination

## Session II • 10:45 – 11:45 AM

First Vice—President/Membership

Secretary

District Treasurer

Retirement Education

Community Volunteer Service

Member Benefits

Health Care

Utilizing Google Drive Applications

Texas Retired School Administrators Annual Meeting

Atria: Better This Year

## After House of Delegates • TBD

Legislative



# Breakout Sessions

## Session I • 9:30 – 10:30 AM

---

### President Session

**NANCY BYLER, TRTA PRESIDENT**

Training Camp for Captains (Local Unit Presidents); Game Plan for Winning Leadership in your unit; Cheering on your players (members); Time Out with District Presidents and Winning the Championship (TRTA Growth).

9:30 – 10:30 AM | 4th Floor, Room 406

### Second Vice–President/Public Relations Session

**LEROY DEHAVEN, TRTA SECOND VICE–PRESIDENT/PUBLIC RELATIONS COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

The session will review the duties of the Public Relations committee for local units and districts. PR tips and publicity will be shared. The Children’s Book Project and the importance of local and district webpages will be discussed.

9:30 – 10:30 AM | 4th Floor, Room 412

### Historian Session

**SANDY CARLISLE, TRTA HISTORIAN**

For District and Local Unit Historians, District and Local Tech Contacts and others who are interested in preserving and archiving TRTA historical records. This session focus will be on the duties of the historian, expectations for submissions to the State Memory Book, transitioning from print to digital format, and archiving district and local unit records. The session will also include a brief introduction to creating a digital scrapbook format with Shutterfly.

9:30– 10:30 AM | 6th Floor, Room 615 B

### Local Unit Support Committee Session

**JO LONG, TRTA LOCAL UNIT SUPPORT COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

Information and resources for supporting local units. Come and get new ideas and good practices for making your unit strong and the best it can be. Appropriate for district presidents, district and local unit support liaisons, local presidents, other officers/chairmen or anyone desiring information for strengthening their unit.

9:30 – 10:30 AM | 4th Floor, Room 404

### Informative and Protective Services Committee Session

**JUDY HART, TRTA HEALTH CARE COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

Share information that will assist you in the performance of your responsibilities. Present the current top 10 scams/ frauds targeting seniors, teach you how to avoid some serious accidents in your lives, and discuss where we’ve been and where we’re going. Brochures will be available and include a time for questions, answers, and comments from you.

9:30 – 10:30 AM | 4th Floor, Room 416 B

### Local Unit Treasurer Session

**BRENDA FAUGHT, TRTA MEMBERSHIP COMMUNICATIONS SPECIALIST, ROSALIND JOHNSON, TRTA CHIEF FINANCIAL OFFICER & MARCY CANN, TRTA SECRETARY/TREASURER**

Tips on the local unit budget and audit functions; discussion on how and why to be bonded; overview of membership reporting; and how TRTAConnect has affected the local unit treasurer’s position and duties.

9:30 – 10:30 AM | 4th Floor, Room 410

### Texas Retired Teachers Foundation

**CINDEE SHARP, TRTA DIRECTOR OF COMMUNICATIONS, JAMIE LARSON, TRTF PRESIDENT**

Understanding the role of Foundation liaisons and representatives, including talking points, fundraising ideas, and promoting our charitable programs: “A Helping Hand,” Beginning Teacher Scholarships and Classroom Assistance Grants and furthering our educational program, the Legacy Campaign.

9:30– 10:30 AM | 6th Floor, Room 615 A



# Breakout Sessions

## Session I • 9:30 – 10:30 AM

---

### **Teacher Retirement System of Texas (TRS) Information Session**

**LARRY ABRAHAMSON, TEACHER RETIREMENT SYSTEM OF TEXAS SUPERVISOR**

This session will cover retirement updates, an overview of resources for Medicare-eligible participants, highlights of the Express Scripts Medicare prescription drug plan, and more. This session will not cover legislative updates.

9:30– 10:30 AM | 6th Floor, Room 602

### **Health and Human Services - Aging Services Coordination**

**CHELSEA COUCH, TEXERCISE PROGRAM COORDINATOR**

The Age Well Live Well campaign encourages individuals and communities to take necessary actions today to help ensure a healthy tomorrow. Being healthy, connected and informed as we age is crucial to our well-being. This presentation will examine what being healthy and active after 60 looks like and what individuals can do to age and live well.

9:30 – 10:30 AM | 4th Floor, Room 408

## Session II • 10:45 – 11:45 AM

---

### **First Vice–President/Membership Session**

**PATRICIA MACIAS, TRTA FIRST VICE–PRESIDENT/MEMBERSHIP COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

With all of our TRTA members “Teamwork is Key” to Retain, Regain and Recruit!

10:45 – 11:45 AM | 4th Floor, Room 406

### **Secretary Session**

**MARIDELL FRYAR, TRTA PAST PRESIDENT**

Tips for recording accurate minutes, appropriate content of minutes, and archiving minutes.

10:45 – 11:45 AM | 4th Floor, Room 404

### **District Treasurer Session**

**MARY HELEN CORNISH, DISTRICT 10 TREASURER & ROSALIND JOHNSON, TRTA CHIEF FINANCIAL OFFICER**

Districts: How to create budgets, conduct an audit, conduct administrative tasks, and understand Spring Leadership Training Conference forms.

10:45 – 11:45 AM | 6th Floor, Room 615 B

### **Retirement Education Committee Session**

**GLENNA SANTO, TRTA RETIREMENT EDUCATION COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

Unlock more potential for your Retirement Education Team with these new keys–Multiple types of events, updated Resource Guide, plus online samples, sources, and forms.

10:45 – 11:45 AM | 4th Floor, Room 410

### **Community Volunteer Service Committee Session**

**MARY NELL SHORT, TRTA COMMUNITY VOLUNTEER SERVICE COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

Teamwork is Key to standing up and serving whenever the opportunity may arise. Come to the session to learn more about the role of a chairman, the importance of collecting volunteer hours for our organization, ideas for hours that count, how to collect the hours, and how to recognize the volunteerism of our members. The local unit volunteers are truly the vital players on the TRTA Team.

10:45 – 11:45 AM | 4th Floor, Room 408



# Breakout Sessions

## Session II • 10:45 – 11:45 AM

---

### Member Benefits Committee Session

**PAT TOLAND, TRTA MEMBER BENEFITS COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

Information on new benefits and up-to-date information on current benefits. Find out how to promote the benefits at local and district meetings and how they may be used to help recruit new members. Listen to a presentation and have questions answered by AMBA.

10:45 – 11:45 AM | 4th Floor, Room 412

### Health Care Committee Session

**FRANA PATTERSON, TRTA HEALTH CARE COMMITTEE CHAIRMAN & COMMITTEE MEMBERS**

Come and get some coaching tips on how to lead your team to the finals! Our goal is that your “players” stay on the active roster. “Practice” will include some motivational activities, some strategies, and some plays for the big game! Come participate in activities to get your members excited about living life to the fullest by enjoying activities that stimulate them mentally, physically, and socially.

10:45 – 11:45 AM | 4th Floor, Room 416 B

### Utilizing Google Drive Applications

**ROY VARNEY, TRTA MULTIMEDIA SPECIALIST**

You will learn how to set up a Google account to use Google Drive applications. The applications we will be learning about are: Google Docs, Google Slides and Google Forms. Session will feature a short walk-through and Q&A.

10:45 – 11:45 AM | 6th Floor, Room 615 A

### Texas Retired School Administrators Annual Meeting

**WAYNE KING, TRSA PRESIDENT & LAVONNE ROGERS**

10:45 – 11:45 AM | 6th Floor, Room 616 A

### Atria: Better This Year

**JAMIE FLOYD, REGIONAL SALES MANAGER FOR OUR TX/KS REGION**

Learn about Atria’s whole-person approach to greater well-being. Essentially that we are living longer, how can we live better?

10:45 – 11:45 AM | 6th Floor, Room 602

## After House of Delegates • TBD

---

### Legislative Committee Session

**BILL BARNES, TRTA LEGISLATIVE COORDINATOR**

This session is designed for local and district Legislative Committee Chairmen and TRTA members interested in legislative issues. Attendees will receive updated information on key issues impacting retirees, such as TRS-Care and benefit adjustments, that are being addressed during the current 85th Legislative Session. A discussion about grassroots advocacy strategies will prepare attendees for lobbying during the TRTA Day at the Capitol event on March 29 and throughout the 85th Legislative Session. Attendees will have the opportunity to ask questions.

TBD | 6th Floor, Room Salon FGH

