

# GCRSP Newsletter

## September 2020

### Recent Events

- **TRTA District 13 Fall Conference Virtual Zoom Meeting Thursday, September 10, 2020**  
Various reports and a Memorial Service were included in this meeting.
- **GCRSP Board met in August via email to vote on the proposed 2020-2021 Budget.**

### TRTA Foundation

If you are in need, we are here for YOU! TRTF's primary program for aiding retirees, "A Helping Hand," began in 2010. As of April 2019, more than \$135,000 has been given to 134 retirees. TRTF also continues its Classroom Assistance Grant, Beginning Teacher Scholarship, Disaster Relief, and Legacy programs. Learn more about TRTF via its website, [www.trtf.org](http://www.trtf.org), and please consider making your tax-deductible donation to help educators of the past, present and future TODAY at [www.trtf.org/donate](http://www.trtf.org/donate)! Jane Cunningham

### Volunteer Services

Remember to keep up with your volunteer hours for this year. You can send them to [ealeggitt@hotmail.com](mailto:ealeggitt@hotmail.com). Thanks for all you do for GCRSP and for our community. Evelyn Leggitt



### Presidents' Word

Welcome to our new, and unusual, 2020-2021 year for GCRSP. Both Betty and I want to let you know that, even without meetings, TRTA and our local unit will be working on your behalf to keep you informed of issues that affect us all, especially as the Texas State Legislature once again convenes in January of 2021. While we won't have in person meetings for awhile, we will be sending out emails and hopefully publishing a monthly newsletter to apprise you of important information.

Right now the important thing is to be sure each and every one of you has renewed his/her membership. If you have not paid your dues, please send them to Linda Kerger, 975 Sowell, Seguin. State dues are \$35.00 and local dues are \$10.00. If you are a Diamond Plus member (your dues come directly out of your annuity or your bank account), you only need to send in the local dues of \$10.00. We are still pushing to have 100,000 members statewide this year by the time the legislature convenes. As of Friday, September 4, 2020, the state membership stood at 82,607. Statewide we still have several thousand members who have not yet renewed. If everyone were to renew his/her membership, we would be well over the 100,000 mark.

Remember we need to stay strong and united. We need each other. TRTA stands in the gap for retired teachers.

Stay Well,

Co-Presidents

Evelyn Leggitt & Betty Humphris



**Notes from your Committee Chairs**

- GCRSP Board met in August via email to vote on the proposed 2020-2021 Budget, and the Budget was accepted by email by the majority of the Board members. The Christian Cupboard sent thank-you notes acknowledging receiving 158 pounds of food from March-July and 12 more pounds for August from GCRSP members. Becky Slaten
- After doing an inventory of the books on hand, I discovered that I have 262 books which should be enough to give books to preschoolers this year. Even so, we don't want to start next year without any books, so If anyone has books to donate, if you will let me know, I will be glad to come and get them. We do have money in the book fund to purchase books also. Lois Hartzog
- One thing that makes TRTA attractive is the varied benefits that are available to members. This month the benefit that is being highlighted is the dental and eye insurance that is available through AMBA. If you are interested in either of these coverages, call AMBA at (877) 810-6336. They are open Mon.-Fri. 8 a.m.- 5 p.m  
Glenda Schafer

**Scholarship Update**

Because of the pandemic, we were unable to sell ads for our yearbook this summer, but we still would like to give some scholarships. We have a little money in our general fund that we can put toward scholarships, and we are asking members to also help out by donating to a scholarship fund. If you feel that you would like to do this, you may send a check to Linda Kerger, 975 Sowell, Seguin. Just designate it for scholarship on the memo line. The number and amount of the scholarship(s) will be determined toward the end of October. Thank you for whatever help you feel you can give. Evelyn Leggitt



**Linda Kerger presents a donation to Seguin Public Library from GCRSP.**

***2020 Tips for Healthy Living***

In these Covid-19 times full of uncertainty, self-care is more important than ever. Self-care is the practice of protecting and improving your physical and mental health.

- Maintaining good personal hygiene
- Eating a nutritious diet
- Getting enough hours of sleep, and ensuring that your sleep is actually restful and restorative
- Engaging your body in a mix of exercise and relaxing activities
- Maintaining financial wellness and security
- Nurturing feelings of self-reliance, confidence and empowerment
- Taking care of your spiritual needs
- Participating in your community
- Following a treatment plan prescribed by your doctor
- Tending to your relationships and building strong networks of social support

Jane Cunningham, Local Chair I&PS Service