

BCRTA NEWSLETTER

OCTOBER 2021



Sign-in for Door Prizes



President Connie Young Opens Meeting



New Members Welcome



Greetings Members,

Welcome to October, which is filled with a number of activities. Our first event is the pizza fundraiser. All orders collected October 1st, and we are waiting on the delivery date

. Thank you for all the efforts of donating or collecting pizza orders to make our scholarship fund a reality for a Bandera County high school senior.

Our October meeting will have Richard Herbst, District 20 Legislative Chair, to speak on current issues. Come hear his information and bring a salad for lunch so we can visit afterwards.

BCRTA needs to be seen in our community by wearing Red Shirts. We are collecting orders for a Polo (\$20), or T-shirt (\$12). Bring your funds and size so we can be in Red. It would be great to deliver our children's books in Red shirts to all the Elementary K-2 classes in December.

We will be ending October with our District 20 Fall Conference in Boerne. Our unit is presenting the memorial service for all District 20 members lost during the last 2 years.

Looking forward to seeing you at the Bandera American Legion Hall on October 20 at 10am.

Sincerely,

Connie Young

BCRTA President
210-737-4835

Welcome Legislative Chair

Our guest speaker for the October 20 meeting will be Richard Herbst, District 20 Legislative Chair. Please come hear him speak about all our efforts to move legislation through this year's session, and that we will be receiving a 13th check in January.

TRTA District 20 Fall Conference

The District 20 conference will be held at St. Peter's Church in Boerne on October 28



Upcoming Meetings

Date: **October 1, 2021**
Time: 10:00- 12:00 AM
Place: American Legion Hall
Drop Off Pizza Orders

Date: **October 18, 2021**
Time: TBA
Place: American Legion Hall
Pizza Order Delivery

Date: **October 20, 2021**
Time: 10:00- 12:00 AM
Place: American Legion Hall
BCRTA Meeting
Guest Speaker: Richard Herbst, District 20 Legislative Chair Please Bring a Salad!

Date: **October 28, 2021**
Place: St Peter's Catholic Church, Boerne
District 20 Fall Conference

Contact your Federal Rep

Chip Roy: 202-225-4231,
chip-roy@mail.house.gov;
Tony Gonzales: 202-225-4511,
tony.gonzales@mail.house.gov;
Lloyd Doggett: 202-225-4865,
lloyd.doggett@mail.house.gov
Learn about the latest WEP reform efforts at publicretirees.org.



"You cannot always *have* happiness, but you can always *give* happiness." Anon.



We Are Family

Our first in-person meeting was a rousing success!!

Please come to our next in-person meeting October 20. We've missed you and want to catch up! Order your Red Shirt then.



BCRTA Happenings



Dough Joes delivers the goods!



Commander Susan Junker accepting our donation

This movement trains your entire body for the ultimate increased function of strength and stability. Instructions: Pick up a weight and walk forward. That's it! That's all there is to one of the very best exercises you can do: "The Carry". This lift and walk movement builds total-body strength, improves posture, and even boosts grip strength which research shows can be a better predictor of longevity that traditional health markers like blood pressure. Carry exercises can help you develop core strength, which assists in keeping your back and spine healthy; increase arm and hand strength, which improves your ability to lift, carry, push, pull, and hold things; and strengthens the hips and legs for improved locomotion and direction change. It can even improve your gait, which helps your joints and decreases the risk of arthritis.

More Happenings

Many thanks to Tracy Thayer for the wonderful article she wrote in The Bandera Bulletin, highlighting our organization and our first meeting!



BOOKS, BOOKS, BOOKS!

Please continue your outstanding job of collecting children's book for our book drive on November 17. The estimates put us at needing over 400 books to donate to every child in grades K-2 at Hill Country and Alkek.

September Birthdays

- 09/10 Mary Jean Johnson
- 09/13 Annette Kalka-Schultz
- 09/14 Kay Kindred
- 09/17 Richard Keese (spouse)
- 09/18 Lynn Oliver
- 09/21 Jo Ingram
- 09/24 Michelle Barnet
- 09/26 Leah Hawkins
- 09/29 Judy Moore
- 09/30 Susan Neuenschwander

October Birthdays

- 10/05 Steve Skipper
- 10/05 Mary Welch
- 10/12 John Milner
- 10/13 Tom Doebbler
- 10/16 Bruce Burns
- 10/17 Bessie Short (spouse)
- 10/17 Jackson Smith
- 10/19 Bruce Hayes
- 10/19 Robert Thomas
- 10/20 Sandra Silkworth
- 10/20 Mike Craddock (spouse)
- 10/22 David Kelley (spouse)
- 10/27 Doris Doebbler

Legislative Update

Want to help reform WEP? Go to publicretirees.org for information

Nominations for Officers Needed Soon!

Contact your Representatives

***State Senator Dawn Buckinham**

PO Box 12068
Austin, TX 78711-2068
512-463-0124/830-257-0350

***State Representative Andrew Murr**

PO Box 2910
Austin, TX 78768-2910
512-463-0536/830-257-0432

Persistence Pays Off!

Members are asked to complete the book donation(s) and community volunteer service hours each month.

Send Volunteer Hours to Sara Baxter: sarahmwb@gmail.com, 210-412-4723, text or call and leave a message.

Name _____ District 20
Phone _____
Bandera County Retired Teacher Association (BCRTA)

Name _____ District 20
Phone _____
Bandera County Retired Teacher Association (BCRTA)



Number of Books Donated _____



Number of Volunteer Hours _____